



National Foods Holdings Limited (Incorporated in the Republic of Zimbabwe)

Company registration number:

ZSE Code: NTFD.zw

ZSE ISIN: ZW 000 901 137 1

("National Foods" or "Company")

DEALING IN SECURITIES BY A DIRECTOR AND ASSOCIATE

In compliance with the ZSE Limited Listings Requirements, the following information is disclosed:

Director	:	Michael Lashbrook
Title	:	Chief Executive Officer
Company	:	National Foods Holdings Limited
Name of Associate	:	N/A
Date of transaction	:	22 November 2021
Number of securities	:	1200
Nature of transaction	:	Open Market Sale of Shares
Class of securities	:	Ordinary shares
Share price	:	ZWL\$1750
Value of transaction	:	ZWL\$ 2 100 000
Nature of interest	:	Direct Beneficial
Clearance to obtain deal	:	No – not in closed period

* Post the transaction the director now has a holding of 231 shares in the Company.

Harare

24 November 2021